



**Gracepath: Biblical Womanhood
Fall 2011/Spring 2012
Homework Assignment #8**

In anticipation of our next meeting, we've prepared four daily assignments. Each day, you'll read a short portion of the Bible and answer two or three questions. Since time spent in God's word is best when it is conversational (God speaks to you, you respond) we've included a prayer prompt as well.

Day #1

Read Philippians 4:4-7.

What two character qualities does Paul tell his readers to demonstrate? (verses 4 & 5)

What does he imply will interfere with our ability to be joyful and gentle?

Why do you think that is so?

Ask God to show you how anxiety prevents *you* from being the woman he wants.

Day #2

Read Philippians 4:4-7.

What do you *naturally* tend to do about the things that make you anxious? (Worry, talk, research, try to fix...)

What does Paul tell his readers to do instead of being anxious?

Is prayer the antidote to anxiety for you? If not, why not?

Take some time to present your requests (anxieties) to God.

Day #3

Read Philippians 4:4-7.

What replaces anxiety when we trust God with the things that trouble us?

Paul says that this peace will guard us in two areas. What are they?

What do you think of as the “seat” of anxiety—your heart or your mind?

How is it significant to you that both the heart and the mind are involved?

Thank God for the peace that He gives to guard both your heart and your mind.

Day #4

Read Proverbs 14:1 and Psalm 127:1.

In your life, for what would “house” be a metaphor?

Summarize the wisdom found in Psalm 127:1.

Foolishness means *acting* in a way that ignores wisdom. What kind of behavior indicates a disregard for the wisdom you summarized above?

What kind of behavior would reflect the wisdom you summarized?

Thank God that He cares about your life and relationships—that He wants to build good things for you and that you don’t have to work everything out for yourself.