



WAYS TO BE A HELPER “AT LARGE”

I. As a Helper “At Large” your focus should be on Others

II. A Helper “At Large” understands Masculinity

Identity

Insecurity

Performance

III. Authority

A. A Helper “At Large” is a Team Player

B. A Helper “At Large” is a Cheerleader

C. A Helper “At Large” Plays by the Rules

IV. Friendships

A. A Helper “At Large” Assumes the Best

B. A Helper “At Large” Helps protect against Temptations.

C. A Helper “At Large” is a Truth Teller.

V. Future Husband

A. A Helper “At Large” Gives Good Gifts.

B. A Helper “At Large” is a Good Picker.

C. A Helper “At Large” is Always a Prayer Partner.

Discussion Questions:

1. From our Reflection Assignment last week: How does God meet your concern/needs (from the list of “Core Concerns” of a woman)? How can other people help?
2. What difference does it make to know that, as a woman, you can still be a Helper even while you are not a Wife?
3. Look back over all the ways you saw to be a Helper “at Large”:
 1. Name one you like!
 2. Name one that surprised you.
 3. Name one that’s “difficult.”
 4. Name one that you think would be appreciated by someone in your “sphere”.
 5. Name one you will try *this week*.

Reflection Assignment:

Identify two or three items on this list that you think you do well. Make an effort to continue practicing these good habits this week. Then, identify two or three areas where you’d like to improve. Make a *specific* list of your own for how you will put these helpful habits into practice *this week!*

Passage to Ponder this week: 1 Corinthians 6:18-20