



"You Can't Always Get what You Want"
...Contentment in my Stuff
1 Timothy 6:6-10, 17-19
Session Five

What I want

- _____
- _____
- _____
- _____

What I need

- _____ and _____
- _____
- _____
- _____

True Contentment comes not in getting everything I _____,
but in joyfully receiving what I _____ from God
and working with Him to _____.

Discussion Questions:

Icebreaker: Name a possession you thought you “needed” but now never use or wear.

Review your scripture memory (Philippians 4:11-13).

From Calm My Anxious Heart:

- 1 Chronicles 29:11-14 says, “Everything is the Lord’s.” What does that mean to you personally?
- Read Proverbs 30:8-9. What do you think made this writer’s attitude so pure?

From the Large Group Time:

- Do you think of yourself as rich or poor (in a financial sense)? Why?
- If someone had your bank records as their only clue, what would they say are your top 2 or 3 priorities? (In other words, does your spending line up with what you say you value?)
- In what ways do your possessions own (or master) you?
- When you give to someone who can return the favor, is that true generosity? Is your giving truly generous?
- Describe a time you gave up something material to gain something without material value. Did you regret that choice?

For next week:

Read Calm My Anxious Heart, chapter 5: “Content in Relationships.”

Do the associated homework assignment at the back of the book.

Begin memorizing...

Philippians 4:6-8 (NIV)

6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. **7** And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.