



## “What On Earth Am I Doing Here?”

*...Contentment with My Purpose*

Ephesians 5:15-17

Session Seven

- We want to know \_\_\_\_\_ and we want that \_\_\_\_\_ to have \_\_\_\_\_
  
- Our life purpose has been \_\_\_\_\_ by God
  
- Our life purpose will be \_\_\_\_\_ as we live \_\_\_\_\_

True Contentment comes not from seeking \_\_\_\_\_,  
but from walking in \_\_\_\_\_ for my life.

## Discussion Questions:

Icebreaker: Name one thing you do well, and one thing you do poorly.

Review your scripture memory. (Philippians 4:6-8)

From Calm My Anxious Heart:

If you have written a Life Purpose statement in response to chapter 7, "A Faulty Focus," share it with your group.

From the Large Group Time:

- What is the most pressing responsibility in your life right now? Do you see that as your life purpose, or does it represent only a season in your life?
- Think of something that is a difficult situation in your life right now. How might that difficult situation be a way that God is shaping you to fill His purpose for your life.
- How do the following distract you from living out God's purposes for you? Or, name other "distractors":
  - Trying to be the "best"
  - Vying for the praise or approval of others
  - Chasing wealth or beauty
  - Fear of failure
- In what ways are your skills and abilities useful in the church or in the neighborhood? Do these point you to your life's purpose?
- How might you discover additional abilities that God has given you that you have not yet realized?

## For next week:

Read Calm My Anxious Heart, chapters 8 & 9:

- "Worry is Like a Rocking Chair," and
- "Faith the Foundation."

Do the associated homework assignment at the back of the book.

Continue memorizing...

### **Philippians 4:6-8 (NIV)**

**6** Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. **7** And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

**8** Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.