



“In God we Trust”  
...Contentment and Faith  
Isaiah 48:17-18 & Luke 6:46-49  
Session Eight

What Kind of \_\_\_\_\_?

What Kind of \_\_\_\_\_?

True Contentment comes not in getting God to do \_\_\_\_\_,  
but in trusting Him enough to \_\_\_\_\_.

## Discussion Questions:

Icebreaker: Describe a time when you met someone and they were completely different from what you expected, or, when your first impression of someone was completely inaccurate.

Review your scripture memory (Philippians 4:6-8).

From Calm My Anxious Heart:

- How do you know when you are worried?
- In Chapter 8, Linda Dillow describes a process for finding freedom from anxiety, and suggests an "anxiety box". What other practical suggestions might be helpful?

From the Large Group Time:

- Describe a time when God did not work things out according to your plan. Did that impact your opinion of, or feelings toward God? How?
- Which of God's qualities inspires you to trust him most? Is there one that makes you uncomfortable?
- Name an area of your life where you are struggling to trust God. Why is trust hard in this area?
- Consider the statement, "Obedience is a demonstration of trust"? What is something God commands, and is difficult for you to obey?

## For next week:

Read Calm My Anxious Heart, chapter 10: "Trusting God with the What If's."

Do the associated homework assignment at the back of the book.

Continue memorizing...

### **Philippians 4:6-8 (NIV)**

**6** Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. **7** And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

**8** Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.