

Week Three Heartwork: I Have Focus Issues

Squirrel!!! Just like Dug, the dog in the movie "Up," the things of life constantly pull at our attention. A multitude of goals and prizes, necessities and urgent concerns, passions and interests, demands and expectations vie to capture our gaze, persuading us that they are valuable, worthy of our focus and investment. With our "Focus Issues," we can bounce from one priority to another, driven by desires and longings of a heart that is fickle, deceptive, and mixed in motives. Let's explore what Heart Shift we need to make in what we value and where we want to focus our lives.

Pray. Read the following passage and list your observations (aim for 20). You may find it helpful to read in one or two different translations.

Philippians 3:1-11

1 Finally, my brothers, rejoice in the Lord! It is no trouble for me to write the same things to you again, and it is a safeguard for you. **2** Watch out for those dogs, those men who do evil, those mutilators of the flesh. **3** For it is we who are the circumcision, we who worship by the Spirit of God, who glory in Christ Jesus, and who put no confidence in the flesh-- **4** though I myself have reasons for such confidence. If anyone else thinks he has reasons to put confidence in the flesh, I have more: **5** circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; **6** as for zeal, persecuting the church; as for legalistic righteousness, faultless. **7** But whatever was to my profit I now consider loss for the sake of Christ. **8** What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ **9** and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ--

the righteousness that comes from God and is by faith. **10** I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, **11** and so, somehow, to attain to the resurrection from the dead.

Sum Up what you saw in a sentence or two.

SPECK this passage to find a way to apply it in your life, especially where you want to focus and how you want to invest your life.