

## Session 3.1 *Managing Our Inner World*

### Key Concept:

Women need \_\_\_\_\_ to learn how to \_\_\_\_\_ and \_\_\_\_\_  
their inner world. (Titus 2:5a)

### Key “Inner Relationships”:

- Inner Relationship with Self – \_\_\_\_\_

<http://womensmediaplayer.hcbc.com/sermon/esteem-powered-image-1330>  
“Esteemed Powered Image”

- Inner Relationship with God – \_\_\_\_\_

<http://womensmediaplayer.hcbc.com/sermon/take-the-wheel-1331>  
“Take the Wheel”

- Inner Relationship with Life Circumstances -- \_\_\_\_\_

- Inner Relationship with Feelings – \_\_\_\_\_

## Session 3.1 *Managing Our Inner World*

### Key Concept:

*Women need coaching to learn how to manage and develop their inner world.  
(Titus 2:5a)*

### Key “Inner Relationships”:

- Inner Relationship with Self – Identity in Christ

<http://www.hcbc.com/templates/System/details.asp?id=28485&PID=387098#mapquest>  
“Esteemed Powered Image”

- Inner Relationship with God – Walking the Spirit

<http://www.hcbc.com/templates/System/details.asp?id=28485&PID=387098#mapquest>  
“Take the Wheel”

- Inner Relationship with Life Circumstances -- Contentment

- Inner Relationship with Feelings – Self-Control