



25 WAYS TO BE A LOVING HELPER

- 1) A Loving Helper sees herself as the _____ on her husband's _____.
- 2) A Loving Helper is a _____ of her husband.
- 3) A Loving Helper _____ her husband.
- 4) A Loving Helper _____ her husband in _____.
- 5) A Loving Helper _____ her husband in _____.
- 6) A Loving Helper _____ her husband _____.
- 7) A Loving Helper provides _____ to her husband by sharing his _____.
- 8) A Loving Helper _____ with her husband.
- 9) A Loving Helper _____ to her _____ of her husband.
- 10) A Loving Helper encourages her husband to _____.
- 11) A Loving Helper assumes _____ of her husband's _____.
- 12) A Loving Helper _____ for her husband regularly.
- 13) A Loving Helper _____ her husband.
- 14) A Loving Helper interacts with her husband as _____ rather than _____ or _____.
- 15) A Loving Helper is _____ to her husband.
- 16) A Loving Helper _____ her husband _____.
- 17) A Loving Helper keeps her _____ on the home and _____ at those _____.
- 18) A Loving Helper _____ her children in _____ with her husband.
- 19) A Loving Helper works toward creating _____ they desire for their home.
- 20) A Loving Helper _____ to live _____.
- 21) A Loving Helper recognizes her husband as _____ and looks for how _____.

- 22) A Loving Helper _____ to her husband's _____.
- 23) A Loving Helper focuses on _____ rather than on _____.
- 24) A Loving Helper depends _____ for her _____.
- 25) A Loving Helper _____ for her husband frequently.

Discussion Questions:

1. From our Reflection Assignment last week, how did you process your sexuality last week with God? How does His offer of forgiveness, redemption, and empowerment help you in this process?
2. What difference does it make to think of being “a loving helper” instead of “a dutiful wife?”
3. Look back over the 25 Ways to be a Loving Helper:
 - a. Name one you like!
 - b. Name one that surprised you.
 - c. Name one that’s “difficult.”
 - d. Name one that you think your husband would appreciate.
 - e. Name one you will try *this week*.