



## **BIBLICAL WOMANHOOD PLAN** **Inventory**

Take some time this week to reflect on your Past, Present and Future through the lens of of Biblical Womanhood. We suggest you use the following questions as journaling prompts. Don't feel you must answer them all, just let them guide you as you review what we have learned together and what it means to you.

### **A Look at the Past**

- A. What cultural influences have impacted my view of womanhood?
  - What incorrect ideas have I embraced from the Feminist movement?
  - How has the popular media affected my ideas about being feminine?
  - How did my education shape my concept of being a woman?
  
- B. What personal influences have impacted my view of womanhood?
  - Who shaped my thoughts and feelings about being a woman?
  - What values and ideals were modeled in my parent's marriage?
  - What did I understand my church's position on the role of women to be?
  
- C. How does my own depravity color my thinking?
  - Battlefield #1—Trading Nurture for Control:
    - Which people and circumstances do I desire to control?
  - Battlefield #2—Outer Beauty vs. Inner Beauty:
    - In what ways do I value appearances over character?
  - Battlefield #3—Emotions vs. Truth:
    - In what ways do I tend to be led by how I feel?

Have I come to the point of turning to Jesus as the Solution for my depravity?
  
- D. What are some **specific** non-biblical thought patterns I see in myself?

### **A Look at the Present**

- A. How do I evaluate myself in light of the definition of biblical womanhood?
  - Rejects worldly temptation for significance
    - Do I base my value on measures like my possessions or my appearance?
    - Do I pursue independence or interdependence?
  - Embraces God's design for relationships
    - Do I embrace my core role of "Helper" on the mission to love and lead creation?
    - How well do I respect and honor my husband (if married)?
    - How cooperative would the leaders in my life say I am?
  - Nurtures the next generation
    - In what ways am I investing myself in the next generation?
  - Expects the greater reward, God's reward
    - How am I focusing on God's promises as I strive to become a Biblical Woman?
  
- B. What **biblical** responsibilities do I have, at this stage of my life? (List)
  
- C. Where am I doing well as a woman, right now? Where am I struggling?

## **A Look at the Future**

- A. What sort of “old woman” do I want to be? Describe character, ministry, achievements...
- B. What do I want my children to receive from me before they leave home?
- C. What do I want my “spiritual children” receive from me before our paths part?
- D. How would I want my husband to describe me over the years of our marriage?
- E. What is my “life purpose” in one or two sentences? What is my “Life Verse”?