



**PHASES OF A WOMAN'S LIFE**

**I. A Woman of \_\_\_\_\_**

**Question:** \_\_\_\_\_?

**Struggle:** \_\_\_\_\_ v. \_\_\_\_\_

**Issues:**

**Blessings:**

**Dangers:**

**Goal:** Build a \_\_\_\_\_.

**II. A Woman of \_\_\_\_\_**

**Question:** \_\_\_\_\_? **Struggle:**

\_\_\_\_\_ v. \_\_\_\_\_

**Issues:**

**Blessings:**

**Dangers:**

**Goal:** Adjust \_\_\_\_\_.

**III. A Woman of \_\_\_\_\_**

**Question:** \_\_\_\_\_?

**Struggle:** \_\_\_\_\_ v. \_\_\_\_\_

**Issues:**

**Blessings:**

**Dangers:**

Goal: \_\_\_\_\_ strongly.

**IV. A Woman of \_\_\_\_\_**

Question: \_\_\_\_\_?

Struggle: \_\_\_\_\_ v. \_\_\_\_\_

Issues:

Blessings:

Dangers:

Goal: \_\_\_\_\_ wisdom \_\_\_\_\_.

**This phase should be the \_\_\_\_\_ of our \_\_\_\_\_!!**

**V. A Woman of \_\_\_\_\_**

Question: \_\_\_\_\_?

Struggle: \_\_\_\_\_ v. \_\_\_\_\_

Issues:

Blessings:

Dangers:

Goal: Finish with \_\_\_\_\_.

**Discussion Questions:**

1. Have you begun to work on your Womanhood Plan? How can we help each other get the most out of that exercise? (*Would our group be interested in meeting this summer to discuss our plans with each other?*)
2. In what "phase of life" would you say you are? How do you gauge that?
3. Describe the "Struggle" in your phase of life as it applies to you. (*e.g. If you are "A Woman of Dreams" what particular hopes and fears compete within you?*)
4. What is valuable about recognizing that the struggles you face are *normal* at your phase of life?
5. Have you imagined that at some point in your life you would be "done" (finished becoming mature)? How is it helpful to recognize the challenges you will face in the future?
6. What kind of woman do you want to be in 10 or 20 years? What choices do you need to make NOW to achieve this?